



Brighton Primary School & Centre of Deaf Education

Sun Protection Policy

Purpose

Brighton Primary School has a sun protection policy in effect for school terms 1, 3 and 4 and whenever ultraviolet (UV) radiation levels reach 3 or above. We inform the school community including employees, students, parents and volunteers of the sun protection policy. Children and young people are encouraged to be responsible for their own sun protection.

Using sun protection

The school uses a combination of sun protection measures for all outdoor activities on and off-site during terms 1, 3 and 4 and when the UV reaches 3 or above at other times.

The school will check the daily sun protection times for our location using myuv.com.au or the Bureau of Meteorology website to support the implementation of sun protection at the school

Clothing

Sun protective clothing is included in the school uniform/dress code and sports uniform. The clothing is cool, loose fitting and made of closely woven fabric. It includes shirts with collars and elbow length sleeves, longer style dresses and shorts and rash tops or t-shirts for outdoor swimming.

Sunscreen

Students must provide their own SPF 50 or higher broad-spectrum, water-resistant sunscreen or the school supply SPF 50 or higher broad-spectrum, water-resistant sunscreen for staff and students' use.

Sunscreen is applied at least 20 minutes before going outdoors and reapplied every two hours if remaining outdoors.

Strategies are in place to remind students to apply sunscreen before going outdoors (e.g. reminder notices, sunscreen monitors and buddies). Sunscreen pump bottle in every classroom and poster reminding students of sun protection.

Families with children who have naturally very dark skin are encouraged to discuss their vitamin D requirements with their GP or pediatrician.

Hats

All students and staff are required to wear hats that protect their face, neck and ears e.g. broad brimmed or bucket hats, whenever they are outside. Baseball or peak caps are not acceptable.



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Shade

The grounds committee ensures that there is a sufficient number of shelters and trees providing shade in the school grounds, particularly in areas where students congregate e.g. outdoor lesson areas and popular play areas

Care is taken during the peak UV radiation times, and outdoor activities are scheduled outside of these times or in the shade where possible. Sports days and other outdoor events to be held during term two or earlier in the day where practical.

Students are encouraged to use available areas of shade when outside.

Students who do not have appropriate hats or clothing are asked to stay in the shade in front of the Office windows.

Education

For work health and safety and role modelling, staff are required to practice SunSmart behaviours including wearing sun protective hats, clothing, sunglasses applying SPF 50+ broad-spectrum, water-resistant sunscreen and seeking shade.

Families are encouraged to role model sun protective behaviours when attending outdoor activities or events at the school.

The sun protection policy is promoted to the whole school community and sun protection education is included in the curriculum.

This policy is reviewed at least every three years.

Last Reviewed: June 2025